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# Opportunities & Mitigation Strategies to Combat the Challenges of Covid-19: Perspectives of Students of Patna Women's College

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Abstract: Corona Virus disease is an infectious disease caused by a newly discovered coronavirus. The pandemic outbreak has forced many countries to adopt emergency protocol like lockdown, to prevent people from leaving their house and moving outside without essential requirements which have resulted in closure of businesses, offices, colleges and many other services. Crisis like these have harmed the academic functioning and psychophysical health of students worldwide. With this qualitative study, we aim to explore what are the problems that students of Patna Women's College have faced during this pandemic and how they have tackled

them. In this study, data saturation was achieved after analysing the report of approx. 332 Students of Patna Women's College using online survey method. Data were collected using online google forms which students filled out, describing their perception and experiences. The outcome undoubtedly emphasizes on the extremely support from teachers and faculty work in this severe Crisis.

**Keywords**: COVID -19, Students, Psychophysical health, Combat Strategies, Patna

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## Introduction

Universities and college campuses are places where students live and study in close proximity to each other. Recently, the foundations of this unique ecosystem have been impacted significantly by the rapid spread of the corona virus (Covid-19) outbreak, creating uncertainty regarding the implications for higher education. The spread of pandemic Covid-19 has drastically disrupted every aspects of human life including education. In India, about 32 crore learners stopped to move schools/colleges and all educational activities brought to a halt. In many educational institutions around the world, campuses are closed and teaching-learning has moved online through zoom app and goggle meets. According to UNESCO, over 320